

Emerson House Portland Lower Terrace

May 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><i>May Birthdays</i></p> <p>Carolyn Mechling—May 11th</p>	<p>8:30am Breakfast</p> <p>12:30pm Lunch</p> <p>3:00 Afternoon Snack</p>	<p>KEY LED= Life Enrichment Director LEA= Life Enrichment Assistant RR= Reservation Required MU = "Makeup Session" * = PIF Funds Required</p>	<p>1 10:30-2:30 Outing to Portland Tram</p> <p>4:00 Activity w/LEA</p>	<p>2 2:30 Spa Time (LED)</p> <p>3:30 Table Games (LEA)</p>	<p>3 11:00 Story Time (LEA) 2:15 Fun and Games (LEA) 4:30 Happy Hour</p>	<p>4 9:20 Activity W/LEA</p>
<p>5 11:40 Dog Visit—"Petra"</p>	<p>6 3:00 Activity W/LED</p>	<p>7 1:30 Activity w/LED</p> <p>3:25 Music Therapy</p>	<p>8 10:00 Reiki Energy Healing 1:1 10:30 Activity w/LED 11:00 Sing-a-long (LEA) 2:15 Spa Time</p>	<p>9 1:30 Activity w/LEA</p> <p>3:30 Table Games (LEA)</p>	<p>10 11:00 Sing-along (LED) 3:30 Individual Visits (LED) 2:40 Bunny Visit—"Sam"</p>	<p>11 9:20 Activity W/LEA</p>
<p>12</p>	<p>13 3:00 Activity W/LED</p>	<p>14 3:00 Activity w/LED</p>	<p>15 10:00 Reiki Energy Healing 1:1 10:30-11:45-Scenic Drive* (RR) 1:15-2:30—Scenic Drive*</p>	<p>15 2:30 Spa Time (LED)</p> <p>3:30 Table Games (LEA)</p>	<p>17 11:00 Story Time (LEA) 2:15 Fun and Games (LEA) 4:30 Tea Time</p>	<p>18 9:20 Activity W/LEA</p>
<p>19 11:40 Dog Visit-"Petra"</p>	<p>20 3:00 Activity W/LED</p>	<p>21 1:30 Activity w/LED</p> <p>3:25 Music Therapy</p>	<p>22 10:30 Activity w/LED 11:00 Sing-a-long (LEA) 2:15 Spa Time 3:45 Ice Cream Sundaes</p>	<p>23 1:30 Activity w/LEA</p> <p>3:30 Table Games (LEA)</p>	<p>24 11:00 Sing-a-long (LED) 3:30 Individual Visits (LED)</p>	<p>25 9:20 Activity W/LEA</p>
<p>25</p>	<p>27 3:00 Activity W/LED</p>	<p>28 3:00 Activity w/LED</p>	<p>29 10:30 Activity w/LED 11:00 Sing-a-long (LEA) 2:15 Spa Time 3:45 Ice Cream Sundaes</p>	<p>30 1:30 Activity w/LEA</p> <p>3:30 Table Games (LEA)</p>	<p>31 11:00 Sing-a-long (LED) 3:30 Individual Visits (LED)</p>	<p><i>Activities may be subject to change to accommodate the needs of the residents. Please see Life Enrichment for details.</i></p>

***Residents residing on the Lower Terrace are encouraged to attend Middle/Upper Terrace activities, when tolerated and appropriate. Please see Middle & Upper Terrace calendars for scheduled activities.**

***24/7 Activity kits are available for use and are in the activity closet.**

Activities may be subject to change to accommodate the needs of the residents. Please see Life Enrichment for details.