


Emerson House Portland Middle Terrace

April 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><i>April Birthdays</i> Carol Bugier—April 1st Paul Gilbert—April 2nd Marlyn Ritchie—April 12th Steve Franz—April 19th</p> 	<p>1 10:30 Exercise (LED) 11:30 Sing-A-Long (LED) 2:15 Table Games (LED) 3:30 Spa Time (LED) 4:30 Individual Visits (LED)</p>	<p>2 10:30 Exercise (LED) 11:30 Sing-A-Long (LED) 2:15 Activity w/LED 3:30 Table Games (LED) 4:30 Individual Visits (LED)</p>	<p>3 10:30-2:30 *Outing to Voodoo Doughnuts (RR) 3:30 Fun & Games (LEA) 4:00 Bible Study (UT) 4:30 Individual Visits (LED)</p>	<p>4 10:15 Fun and Games (LEA) 11:30 Sing-A-Long (LEA) 2:00 Crafts or Coloring (LED) 2:00 *Art Therapy (RR, UT) 3:00 Cooking Creations (LED)</p>	<p>5 9:30 Individual Visits (LED) 10:15 Brain Games (LEA) 11:30 Sing-A-Long (LED) 2:00 Fun and Games (LEA) 4:00 Happy Hour</p>	<p>6 10:15 Exercise (LEA) 10:30 Puzzle/Card Games (LEA) 11:30 Sing-A-Long (LEA) 2:15 Fun and Games (LEA) 3:45 Crafter's Corner (LEA)</p>
<p>7 10:00 Guitar w/ Genie 11:00 Dog Visit- "Petra"</p>	<p>8 10:30 Exercise (LED) 10:30 Brain Games (LED) 11:30 Sing-A-Long (LED) 2:15 Spa Time (LED) 3:30 Table Games (LED) 4:30 Individual Visits (LED)</p>	<p>9 10:30 Exercise (LED) 11:30 Sing-A-Long (LED) 2:15 Activity w/LED 2:50 Music Therapy 4:30 Individual Visits (LED)</p>	<p>10 10:15 Exercise (LEA) 10:30 Reiki Energy Healing 1:1 11:30 Sing-A-Long (LED) 3:00 Ice Cream Social & Accordion w/Phil 4:00 Bible Study (UT) 4:30 Individual Visits (LEA)</p>	<p>11 10:15 Exercise (LEA) 10:30 Table Games (LEA) 11:30 Sing-A-Long (LEA) 2:15 Spa Time (LEA) 3:00 Cooking Creations (LEA)</p>	<p>12 9:30 Individual Visits (LED) 10:15 Table Games (LEA) 11:30 Sing-A-Long (LED) 1:30 Fun & Games (LEA) 2:20 Bunny Visit — "Sam" 3:30 Spa Time (LEA) 4:30 Individual Visits (LEA)</p>	<p>13 10:15 Exercise (LEA) 10:30 Brain Games (LEA) 11:30 Sing-A-Long (LEA) 2:15 Fun and Games (LEA) 2:20 Dog Visit—"Gemma" 3:45 Crafter's Corner (LEA)</p>
<p>14 10:00 Guitar w/ Genie</p>	<p>15 10:30 Exercise (LED) 10:30 Brain Games (LED) 11:30 Sing-A-Long (LED) 2:15 Spa Time (LED) 3:30 Fun & Games (LED) 4:30 Individual Visits (LED)</p>	<p>16 10:30 Horticulture Therapy (UT) 10:45 Exercise (LED) 11:30 Sing-A-Long (LED) 1:45 Table Games (LED) 4:30 Individual Visits (LED)</p>	<p>17 10:30 Reiki Energy Healing 1:1 10:30– 11:45 *Scenic Drive (RR) 1:15– 2:30 *Scenic Drive (RR) 3:30 Fun & Games (LEA) 4:00 Bible Study (UT) 4:30 Individual Visits (LED)</p>	<p>18 10:30 Horticulture Therapy (UT) 10:45 Exercise (LEA) 11:30 Sing-A-Long (LEA) 2:00 Crafts or Coloring (LED) 2:00 *Art Therapy (RR, UT) 3:00 Cooking Creations (LED)</p>	<p>19 9:30 Individual Visits (LED) 10:15 Brain Games (LEA) 11:30 Sing-A-Long (LED) 1:30 Fun and Games (LEA) 2:15 Spa Time (LED) 4:00 Tea Time</p>	<p>20 10:15 Exercise (LEA) 10:30 Puzzles/Card Games (LEA) 11:30 Sing-A-Long (LEA) 2:30 Animal Visit 3:45 Crafter's Corner (LEA)</p>
<p>21 Easter 10:00 Guitar w/ Genie</p>	<p>22 10:30 Exercise (LED) 10:30 Brain Games (LED) 11:30 Sing-A-Long (LED) 2:15 Spa Time (LED) 3:30 Table Games (LED) 4:30 Individual Visits (LED)</p>	<p>23 10:30 Exercise (LED) 11:30 Sing-A-Long (LED) 2:50 Music Therapy 4:30 Individual Visits (LED)</p>	<p>24 10-12 Activity w/NW Academy Students (UT) 1:30 Fun and Games (LED) 3:15 Ice Cream Social & Guitar w/ Dan 4:00 Bible Study (UT) 4:30 Individual Visits (LEA)</p>	<p>25 10:15 Fun and Games (LEA) 11:30 Sing-A-Long (LEA) 1:30 Crafts or Coloring (LED) 2:15 Spa Time (LEA) 3:00 Cooking Creations (LED)</p>	<p>26 9:30 Individual Visits (LED) 10:15 Table Games (LEA) 11:30 Sing-A-Long (LED) 1:30 Fun & Games (LEA) 3:30 Spa Time (LEA) 4:30 Individual Visits (LEA)</p>	<p>27 10:15 Exercise (LEA) 10:30 Brain Games (LEA) 11:30 Sing-A-Long (LEA) 2:15 Fun and Games (LEA) 3:45 Crafter's Corner (LEA)</p>
<p>28 10:00 Guitar w/ Genie 11:00 Dog Visit- "Petra"</p>	<p>29 10:30 Exercise (LED) 10:30 Brain Games (LED) 11:30 Sing-A-Long (LED) 2:15 Spa Time (LED) 3:30 Fun & Games (LED) 4:30 Individual Visits (LED)</p>	<p>30 10:30 Exercise (LED) 11:30 Sing-A-Long (LED) 1:45 Brain Games (LED) 4:30 Individual Visits (LED)</p>	<p>8:30am Breakfast 12:30pm Lunch 3:00 Afternoon Snack 5:30 Dinner</p>	<p>KEY LED= Life Enrichment Director LEA= Life Enrichment Assistant RR= Reservation Required UT= Upper Terrace= 3rd Floor MU= "Makeup Session" * = PIF Funds Required</p>	<p><i>NOTE: During the 2nd outing of each month, either the LEA or LED will be staying to run activities as usually scheduled for residents that are not attending the outing.</i></p>	<p>Activities may be subject to change to accommodate the needs of the residents. Please see Life Enrichment for details.</p>