

# Emerson House Portland Lower Terrace

# April 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><i>April Birthdays</i>                      Carol Bugier—April 1st                      Paul Gilbert—April 2nd                      Marlyn Ritchie—April 12th                      Steve Franz—April 19th</p>	<p>1                      3:00 Activity W/LED</p>	<p>2                      3:00 Activity w/LED</p>	<p>3                      10:30-2:30 Outing TBA                      4:00 Activity w/LEA</p>	<p>4                      1:30 Activity w/LEA                      3:30 Table Games (LEA)</p>	<p>5                      11:00 Story Time (LEA)                      2:15 Fun and Games (LEA)                      4:30 Happy Hour</p>	<p>6                      9:20 Activity W/LEA</p>
7	<p>8                      3:00 Activity W/LED</p>	<p>9                      3:25 Music Therapy</p>	<p>10                      10:00 Reiki Energy Healing                      1:1                      10:30 Activity w/LED                      11:00 Sing-a-long (LEA)                      2:15 Spa Time</p>	<p>11                      2:30 Activity w/LEA                      3:30 Table Games (LEA)</p>	<p>12                      11:00 Sing-along (LED)                      3:30 Individual Visits (LED)                      2:40 Bunny Visit—"Sam"</p>	<p>13                      9:20 Activity W/LEA                      2:00 Dog Visit—"Gemma"</p>
<p>14                      11:40 Dog Visit—"Petra"</p>	<p>15                      3:00 Activity W/LED</p>	<p>16                      3:00 Activity w/LED</p>	<p>17                      10:00 Reiki Energy Healing                      1:1                      10:30-11:45-Scenic Drive*                      (RR)                      1:15-2:30—Scenic Drive*</p>	<p>18                      2:15 Spa Time (LED)                      3:30 Table Games (LEA)</p>	<p>19                      11:00 Story Time (LEA)                      2:15 Fun and Games (LEA)                      4:30 Tea Time</p>	<p>20                      9:20 Activity W/LEA</p>
21	<p>22                      3:00 Activity W/LED</p>	<p>23                      3:25 Music Therapy</p>	<p>24                      10:30 Activity w/LED                      11:00 Sing-a-long (LEA)                      2:15 Spa Time                      3:45 Ice Cream Sundaes</p>	<p>25                      2:30 Activity w/LEA                      3:30 Table Games (LEA)</p>	<p>26                      11:00 Sing-a-long (LED)                      3:30 Individual Visits (LED)</p>	<p>27                      9:20 Activity W/LEA</p>
<p>28                      11:40 Dog Visit—"Petra"</p>	<p>29                      3:00 Activity W/LED</p>	<p>30                      3:00 Activity w/LED</p>	<p>8:30am Breakfast                      12:30pm Lunch                      3:00 Afternoon Snack                      5:30 Dinner</p>	<p><b>KEY</b>                      LED= Life Enrichment Director                      LEA= Life Enrichment Assistant                      RR= Reservation Required                      MU = "Makeup Session"                      * = PIF Funds Required</p>	<p><i>NOTE: During the 2nd outing of each month, either the LEA or LED will be staying to run activities as usually scheduled for residents not attending.</i></p>	<p><b>Activities may be subject to change to accommodate the needs of the residents. Please see Life Enrichment for details.</b></p>

**\*Residents residing on the Lower Terrace are encouraged to attend Middle/Upper Terrace activities, when tolerated and appropriate. Please see Middle & Upper Terrace calendars for scheduled activities.**

**\*24/7 Activity kits are available for use and are in the activity closet.**

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