

Emerson House Portland Lower Terrace

March 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
March Birthday's Herman L– March 14th Jean T-March 14th John M-March 19th Lynne W—March 31st	8:30am Breakfast 12:30pm Lunch 3:00 Afternoon Snack	KEY LED= Life Enrichment Director LEA= Life Enrichment Assistant RR= Reservation Required MU = "Makeup Session" * = PIF Funds Required	<i>NOTE: During the 2nd outing of each month, either the LEA or LED will be staying to run activities as usually scheduled for residents not attending.</i>		1 11:00 Story Time (LEA) 2:15 Fun and Games (LEA) 4:30 Happy Hour	2 9:20 Activity W/LEA
3	4 3:00 Activity W/LED	5 3:10 Dog Visit—"Lucy"	6 10:30-2:30 Outing to Marshall House 4:00 Activity w/LEA	7 2:15 Spa Time 4:00 Crafts or Coloring (LEA)	8 11:00 Sing-along (LED) 3:30 Individual Visits (LED) 2:40 Bunny Visit—"Sam"	9 9:20 Activity W/LEA
10 11:40 Dog Visit—"Petra"	11 3:00 Activity W/LED	12 3:25 Music Therapy	13 10:30 Activity w/LED 11:00 Sing-a-long (LEA) 2:15 Spa Time 3:45 Ice Cream Sundaes	14 2:30 Activity w/LED 4:00 Crafts or Coloring (LEA)	15 11:00 Story Time (LEA) 2:15 Fun and Games (LEA) 4:30 Tea Time	16 9:20 Activity W/LEA
17	18 3:00 Activity W/LED	19 3:10 Dog Visit—"Lucy"	20 10:30-11:45-Scenic Drive* (RR) 1:15-2:30—Scenic Drive* (RR) 4:20 Dog Visit—"Gemma"	21 2:15 Spa Time (LED) 4:00 Crafts or Coloring (LEA)	22 11:00 Sing-a-long (LED) 3:30 Individual Visits (LED) 2:40 Bunny visit—"Sam"	23 9:20 Activity W/LEA
24 11:40 Dog Visit—"Petra"	25 3:00 Activity W/LED	26 3:25 Music Therapy	27 10:30 Activity w/LED 11:00 Sing-a-long (LEA) 2:15 Spa Time 3:45 Ice Cream Sundaes	28 2:30 Activity w/LED 4:00 Crafts or Coloring (LEA)	29 11:00 Story Time (LEA) 4:00 Individual Visits (LED)	30 9:20 Activity w/LEA
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***Residents residing on the Lower Terrace are encouraged to attend Middle/Upper Terrace activities, when tolerated and appropriate. Please see Middle & Upper Terrace calendars for scheduled activities.**

***24/7 Activity kits are available for use and are in the activity closet.**

Activities may be subject to change to accommodate the needs of the residents. Please see Life Enrichment for details.