



Emerson House Portland Upper Terrace

December 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		<p>KEY LED= Life Enrichment Director LEA= Life Enrichment Assistant RR= Reservation Required UT= Upper Terrace= 3rd Floor MU= "Makeup Session" * = PIF Funds Required</p>	<p>8:30am Breakfast 12:30pm Lunch 3:00 Afternoon Snack 5:30 Dinner</p>	<p><i>Activities may be subject to change to accommodate the needs of the residents. Please see Life Enrichment for details.</i></p>		<p>1 9:45 Exercise (LEA) 11:00 Book Club (LEA) 1:30 Bingo (LEA) 3:00 Crafter's Corner (LEA) 4:30 Men's Club (LEA)</p>
<p>2 Music TBA</p>	<p>3 9:45 Exercise (LED) 11:00 Brain Games (LED) 11:20 Dog Visit- "Petra" 1:45 Fun & Games (LED) 4:00 Book Club (LED)</p>	<p>4 9:45 Exercise (LED) 11:00 Reminisce/Discuss (LED) 1:45 Fun & Games (LED) 2:30 Dog Visit- "Lucy" 3:00 Finishing Lyrics LED) 4:00 Table Games (LED)</p>	<p>5 10:30-2:30 *OUTING to Belmont Firehouse Museum (RR) 11:15 Reiki Healing 1:1 4:00 Bible Study</p>	<p>6 9:45 Exercise (LEA) 11:00 Brain Games (LEA) 2:00 *Art Therapy (RR) 4:30 Fun & Games (LEA)</p>	<p>7 9:30 Exercise (LEA) 10:00 Ferret Visit 11:00 Reminisce/Discuss (LEA) 1:30 Science Club (LEA) 3:00 Cooking Creations (LEA) 3:45 Happy Hour</p>	<p>8 9:45 Exercise (LEA) 11:00 Book Club 1:30 Bingo (LEA) 3:00 Crafter's Corner (LEA) 4:30 Men's Club (LEA)</p>
<p>9 9:30 Guitar w/ Dan 3:00 Cat Visit- "Keats"</p>	<p>10 9:45 Exercise (LED) 11:00 Brain Games (LED) 1:45 Fun & Games (LED) 4:00 Book Club (LED)</p>	<p>11 9:45 Exercise (LEA) 11:00 Reminisce/Discuss (LEA) 2:15 Music Therapy 4:00 Brain Games (LEA)</p>	<p>12 9:30 Exercise (LEA) 10:00 Guinea Pig Visit 11:00 Table Games (LEA) 2-3:30 HOLIDAY PARTY 4:00 Bible Study 4:40 Dog Visit- "Gemma"</p>	<p>13 9:45 Exercise (LEA) 11:00 Brain Games (LEA) 2:00 FREE Art Therapy (RR) 4:30 Fun & Games (LEA)</p>	<p>14 9:30 Exercise (LEA) 10:00 Ferret Visit 11:00 Reminisce/Discuss (LEA) 2:00 Variety Hour- Magic Show 3:00 Cooking Creations (LEA) 4:00 Sports Series (LEA)</p>	<p>15 9:45 Exercise (LEA) 11:00 Book Club (LEA) 1:30 Bingo (LEA) 3:00 Crafter's Corner (LEA) 4:30 Men's Club (LEA)</p>
<p>16 9:30 Guitar w/ Dan</p>	<p>17 9:45 Exercise (LED) 11:00 Brain Games (LED) 11:20 Dog Visit- "Petra" 1:45 Fun & Games (LED) 4:00 Book Club (LED)</p>	<p>18 9:45 Exercise (LED) 11:00 Reminisce/Discuss (LED) 1:45 Fun & Games (LED) 2:30 Dog Visit- "Lucy" 3:00 Finishing Lyrics LED) 4:00 Table Games (LED)</p>	<p>19 10:00 Exercise (LED) 11:00 Table Games (LED) 11:15 Reiki Healing 1:1 1:30 Spa Time (LEA) 3:00 Sports Series (LEA) 4:00 Bible Study 4:30-7:30 *DRIVE to PIR Xmas Lights</p>	<p>20 9:45 Exercise (LEA) 10:30 Horticulture Therapy 2:00 *Art Therapy (RR) 4:30 Fun & Games (LEA)</p>	<p>21 9:30 Exercise (LEA) 10:00 Ferret Visit 11:00 Reminisce/Discuss (LEA) 1:30 Science Club (LEA) 3:00 Cooking Creations (LEA) 3:45 Happy Hour</p>	<p>22 9:45 Exercise (LEA) 11:00 Book Club (LEA) 1:30 Bingo (LEA) 3:40 Christmas Music w/ Elaine & Friends 4:30 Men's Club (LEA)</p>
<p>23 9:30 Guitar w/ Dan</p>	<p>24 Christmas Eve 9:45 Exercise (LED) 11:00 Brain Games (LED) 1:45 Fun & Games (LED) 4:00 Book Club (LED)</p>	<p>25 Christmas Day 9:45 Exercise (LEA) 11:00 Reminisce/Discuss (LEA) 2:15 Music Therapy 4:00 Brain Games (LEA)</p>	<p>26 9:30 Exercise (LEA) 10:00 Guinea Pig Visit 11:00 Table Games (LEA) 1:30 Spa Time (LEA) 2:45 Ice Cream Social & Guitar w/ Dan 4:00 Bible Study</p>	<p>27 9:45 Exercise (LEA) 11:00 Brain Games (LEA) 2:00 FREE Art Therapy (RR) 4:30 Fun & Games (LEA)</p>	<p>28 9:30 Exercise (LEA) 10:00 Ferret Visit 11:00 Reminisce/Discuss (LEA) 2:00 Variety Hour- Poetry Recital 3:00 Cooking Creations (LEA) 4:00 Sports Series (LEA)</p>	<p>29 9:45 Exercise (LEA) 11:00 Book Club (LEA) 1:30 Bingo (LEA) 3:00 Crafter's Corner (LEA) 4:30 Men's Club (LEA)</p>
<p>30 Music TBA</p>	<p>31 New Year's Eve 9:45 Exercise (LED) 11:00 Brain Games (LED) 1:45 Fun & Games (LED) 4:00 Book Club (LED)</p>					