



Emerson House Portland Middle Terrace

December 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		<p>KEY LED= Life Enrichment Director LEA= Life Enrichment Assistant RR= Reservation Required UT= Upper Terrace= 3rd Floor MU= "Makeup Session" * = PIF Funds Required</p>	<p>8:30am Breakfast 12:30pm Lunch 3:00 Afternoon Snack 5:30 Dinner</p>	<p><i>Activities may be subject to change to accommodate the needs of the residents. Please see Life Enrichment for details.</i></p>		<p>1 10:15 Exercise (LEA) 10:30 Table Games (LEA) 11:30 Sing-A-Long (LEA) 2:15 Spa Time (LEA) 3:45 Crafter's Corner (LEA)</p>
<p>2 Music TBA</p>	<p>3 10:15 Brain/ Table Games (LED) 11:00 Dog Visit- "Petra" 11:30 Sing-A-Long (LED) 2:15 Spa Time (LED) 3:30 Fun & Games (LED) 4:30 Individual Visits (LED)</p>	<p>4 10:15 Exercise (LED) 10:30 Table Games (LED) 11:30 Sing-A-Long (LED) 2:15 Spa Time (LED) 2:50 Dog Visit- "Lucy" 3:30 Crafter's Corner (LED) 4:30 Individual Visits (LED)</p>	<p>5 10:30-2:30 *OUTING to Belmont Firehose Museum (RR) 10:30 Reiki Healing 1:1 3:30 Fun & Games (LEA) 4:00 Bible Study (UT) 4:30 Individual Visits (LEA)</p>	<p>6 10:15 Exercise (LEA) 10:30 Table Games (LEA) 11:30 Sing-A-Long (LEA) 1:30 Brain Games (LEA) 2:00 *Art Therapy (RR, UT) 3:30 Crafter's Corner (LEA)</p>	<p>7 10:15 Ferret Visit 11:30 Sing-A-Long (LEA) 2:15 Spa Time (LEA) 3:30 Individual Visits (LEA) 4:15 Happy Hour</p>	<p>8 10:15 Exercise (LEA) 10:30 Table Games (LEA) 11:30 Sing-A-Long (LEA) 2:15 Spa Time (LEA) 3:45 Crafter's Corner (LEA)</p>
<p>9 10:00 Guitar w/ Dan 3:15 Cat Visit- "Keats"</p>	<p>10 10:15 Brain/ Table Games (LED) 11:30 Sing-A-Long (LED) 2:15 Spa Time (LED) 3:30 Fun & Games (LED) 4:30 Individual Visits (LED)</p>	<p>11 10:15 Exercise (LEA) 10:30 Table Games (LEA) 11:30 Sing-A-Long (LEA) 1:45 Brain Games (LEA) 2:50 Music Therapy 4:30 Individual Visits (LEA)</p>	<p>12 10:15 Guinea Pig Visit 11:30 Sing-A-Long (LEA) 2:45-4:15 HOLIDAY PARTY 4:20 Dog Visit- "Gemma" 4:00 Bible Study (UT) 4:30 Individual Visits (LEA)</p>	<p>13 10:15 Exercise (LEA) 10:30 Table Games (LEA) 11:30 Sing-A-Long (LEA) 1:30 Brain Games (LEA) 2:00 FREE Art Therapy (RR, UT) 3:30 Crafter's Corner (LEA)</p>	<p>14 10:15 Ferret Visit 11:30 Sing-A-Long (LEA) 1:30 Fun & Games (LEA) 2:00 Variety Hour- Magic Show (UT) 3:30 Spa Time (LEA) 4:30 Individual Visits (LEA)</p>	<p>15 10:15 Exercise (LEA) 10:30 Table Games (LEA) 11:30 Sing-A-Long (LEA) 2:15 Spa Time (LEA) 3:45 Crafter's Corner (LEA)</p>
<p>16 10:00 Guitar w/ Dan</p>	<p>17 10:15 Brain/ Table Games (LED) 11:00 Dog Visit- "Petra" 11:30 Sing-A-Long (LED) 2:15 Spa Time (LED) 3:30 Fun & Games (LED) 4:30 Individual Visits (LED)</p>	<p>18 10:15 Exercise (LED) 10:30 Table Games (LED) 11:30 Sing-A-Long (LED) 2:15 Spa Time (LED) 2:50 Dog Visit- "Lucy" 3:30 Crafter's Corner (LED) 4:30 Individual Visits (LED)</p>	<p>19 10:30 Table Games (LED) 10:30 Reiki Healing 1:1 11:30 Sing-A-Long (LED) 2:15 Spa Time (LEA) 3:30 Fun & Games (LEA) 4:00 Bible Study (UT) 4:30-7:30 *DRIVE to PIR Xmas Lights</p>	<p>20 10:30 Horticulture Therapy (UT) 10:45 Exercise (LEA) 11:30 Sing-A-Long (LEA) 1:30 Brain Games (LEA) 2:00 *Art Therapy (RR, UT) 3:30 Crafter's Corner (LEA)</p>	<p>21 10:15 Ferret Visit 11:30 Sing-A-Long (LEA) 2:15 Spa Time (LEA) 3:30 Individual Visits (LEA) 4:15 Happy Hour</p>	<p>22 10:15 Exercise (LEA) 10:30 Table Games (LEA) 11:30 Sing-A-Long (LEA) 2:15 Spa Time (LEA) 3:20 Christmas Music w/ Elaine & Friends</p>
<p>23 10:00 Guitar w/ Dan</p>	<p>24 Christmas Eve 10:15 Brain/ Table Games (LED) 11:30 Sing-A-Long (LED) 2:15 Spa Time (LED) 3:30 Fun & Games (LED) 4:30 Individual Visits (LED)</p> <p>31 New Year's Eve 10:15 Brain/ Table Games (LED) 11:30 Sing-A-Long (LED) 2:15 Spa Time (LED) 3:30 Fun & Games (LED) 4:30 Individual Visits (LED)</p>	<p>25 Christmas Day 10:15 Exercise (LEA) 10:30 Table Games (LEA) 11:30 Sing-A-Long (LEA) 1:45 Brain Games (LEA) 2:50 Music Therapy 4:30 Individual Visits (LEA)</p>	<p>26 10:15 Guinea Pig Visit 11:30 Sing-A-Long (LEA) 2:15 Spa Time (LEA) 3:15 Ice Cream Social & Guitar w/ Dan 4:00 Bible Study (UT) 4:30 Individual Visits (LEA)</p>	<p>27 10:15 Exercise (LEA) 10:30 Table Games (LEA) 11:30 Sing-A-Long (LEA) 1:30 Brain Games (LEA) 2:00 FREE Art Therapy (RR, UT) 3:30 Crafter's Corner (LEA)</p>	<p>28 10:15 Ferret Visit 11:30 Sing-A-Long (LEA) 1:30 Fun & Games (LEA) 2:00 Variety Hour- Poetry Recital (UT) 3:30 Spa Time (LEA) 4:30 Individual Visits (LEA)</p>	<p>29 10:15 Exercise (LEA) 10:30 Table Games (LEA) 11:30 Sing-A-Long (LEA) 2:15 Spa Time (LEA) 3:45 Crafter's Corner (LEA)</p>
<p>30 Music TBA</p>						