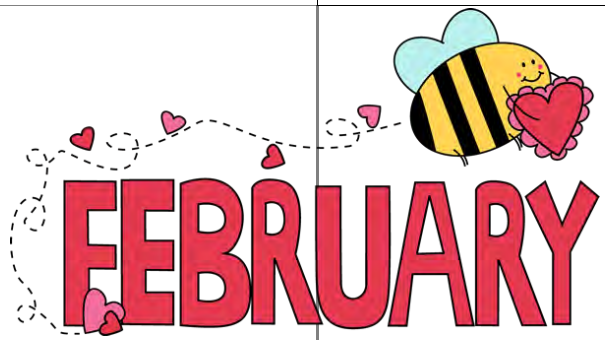
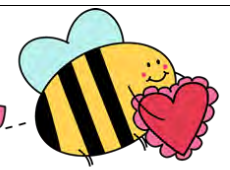

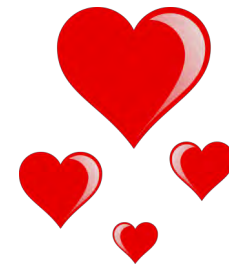


# Emerson House Portland Middle Terrace

# February 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		<b>8:30am Breakfast</b> <b>12:30pm Lunch</b> <b>3:00 Afternoon Snack</b> <b>5:30 Dinner</b>	 Alice C.- February 8 <sup>th</sup> Alan B.- February 8 <sup>th</sup> Betty Anne S.- February 9 <sup>th</sup> Sandy F.- February 10 <sup>th</sup> Richard S.- February 14 <sup>th</sup> Margarete C.- February 16 <sup>th</sup> Bernie G.- February 18 <sup>th</sup> Phillip S.- February 27 <sup>th</sup>	<b>1</b> 10:15 Exercise (LEA) 10:30 Table Games (LEA) 11:30 Sing-A-Long (LEA) 1:30 Brain Games (LEA) <b>2:00 *Art Therapy (RR, UT)</b> 3:30 Spa Time (LEA) 4:00 Activity w/ Hannah 4:30 Individual Visits (LEA)	<b>2</b> 10:15 Brain/ Table Games (LEA) 11:30 Sing-A-Long (LEA) 2:15 Spa Time (LEA) 3:30 Individual Visits (LEA) <b>4:15 Happy Hour</b>	<b>3</b> 10:15 Exercise (LEA) 10:30 Table Games (LEA) <b>10:45 Creative Writing (UT)</b> 11:30 Sing-A-Long (LEA) 2:15 Spa Time (LEA) 4:00 Crafter's Corner (LEA)
<b>4</b> 10:00 Guitar w/ Genie 10:30 Bible Study (UT, LEA)	<b>5</b> 10:30 Holistic Health Hour 11:30 Sing-A-Long (LED) 2:15 Spa Time (LED) 3:30 Fun & Games (LED) 4:30 Individual Visits (LED)	<b>6</b> 10:15 Exercise (LED) 10:30 Table Games (LED) 11:30 Sing-A-Long (LED) 2:15 Spa Time (LED) <b>2:50 Dog Visit- "Lucy"</b> 3:30 Brain Games (LED) 4:30 Individual Visits (LED)	<b>7</b> <b>10:30-2:30 *OUTING to Gresham Historical Society (RR)</b> 3:30 Spa Time (LEA) <b>4:00 Bible Study (UT)</b> 4:30 Individual Visits (LEA)	<b>8</b> 10:15 Exercise (LEA) 10:30 Table Games (LEA) 11:30 Sing-A-Long (LEA) 2:15 Spa Time (LEA) 3:30 Brain Games (LEA) 4:00 Activity w/ Hannah 4:30 Individual Visits (LEA)	<b>9</b> 10:15 Brain/ Table Games (LEA) 11:30 Sing-A-Long (LEA) 1:30 Fun & Games (LEA) <b>2:00 Variety Hour- Magic Show (UT)</b> <b>3:00 Dog Visit- "Betty"</b> 3:30 Spa Time (LEA) 4:30 Individual Visits (LEA)	<b>10</b> 10:15 Exercise (LEA) 10:30 Table Games (LEA) 11:30 Sing-A-Long (LEA) 2:15 Spa Time (LEA) <b>3:00 MIM Program (UT)</b> 4:00 Crafter's Corner (LEA)
<b>11</b> 10:00 Guitar w/ Genie 10:30 Bible Study (UT, LEA) 3:15 Cat Visit- "Keats"	<b>12</b> 10:30 Holistic Health Hour 11:30 Sing-A-Long (LED) 2:15 Spa Time (LED) 3:30 Fun & Games (LED) 4:30 Individual Visits (LED)	<b>13 Mardi Gras</b> 10:15 Exercise (LED) 10:30 Table Games (LED) 11:30 Sing-A-Long (LED) 1:45 Brain Games (LED) <b>3:00 Music Therapy</b> 4:30 Individual Visits (LED)	<b>14 Valentine's Day</b> 10:15 Brain/ Table Games (LEA) <b>10:30 Reiki Energy Healing</b> 11:30 Sing-A-Long (LEA) 2:15 Spa Time (LEA) <b>3:15 Ice Cream Social &amp; Accordion w/ Phil</b> <b>4:00 Bible Study (UT)</b> 4:30 Individual Visits (LEA)	<b>15</b> 10:15 Exercise (LEA) 10:30 Table Games (LEA) 11:30 Sing-A-Long (LEA) 1:30 Brain Games (LEA) <b>2:00 *Art Therapy (RR, UT)</b> 3:30 Spa Time (LEA) 4:00 Activity w/ Hannah 4:30 Individual Visits (LEA)	<b>16</b> 10:15 Brain/ Table Games (LEA) 11:30 Sing-A-Long (LEA) 2:15 Spa Time (LEA) 3:30 Individual Visits (LEA) <b>4:15 Happy Hour</b>	<b>17</b> 10:15 Exercise (LEA) 10:30 Table Games (LEA) <b>10:45 Creative Writing (UT)</b> 11:30 Sing-A-Long (LEA) 2:15 Spa Time (LEA) 4:00 Crafter's Corner (LEA)
<b>18</b> 10:00 Guitar w/ Genie	<b>19 Presidents' Day</b> 10:00 Guitar w/ Dan <b>3:00 Horticulture Therapy (UT)</b>	<b>20</b> 10:15 Exercise (LEA) 10:30 Table Games (LEA) 11:30 Sing-A-Long (LEA) 2:15 Spa Time (LEA) 3:30 Brain Games (LEA) 4:30 Individual Visits (LEA)	<b>21</b> <b>10:30-2:30 *OUTING to Wells Fargo History Museum (RR)</b> 3:30 Spa Time (LEA) <b>4:00 Bible Study (UT)</b> 4:30 Individual Visits (LEA)	<b>22</b> 10:15 Exercise (LEA) 10:30 Table Games (LEA) 11:30 Sing-A-Long (LEA) 2:15 Spa Time (LEA) 3:30 Brain Games (LEA) 4:00 Activity w/ Hannah 4:30 Individual Visits (LEA)	<b>23</b> 10:15 Brain/ Table Games (LEA) 11:30 Sing-A-Long (LEA) 1:30 Fun & Games (LEA) <b>2:00 Variety Hour- Poetry (UT)</b> <b>3:00 Dog Visit- "Betty"</b> 3:30 Spa Time (LEA) 4:30 Individual Visits (LEA)	<b>24</b> 10:15 Exercise (LEA) 10:30 Table Games (LEA) 11:30 Sing-A-Long (LEA) 2:15 Spa Time (LEA) <b>3:00 MIM Program (UT)</b> 4:00 Crafter's Corner (LEA)
<b>25</b> 10:00 Guitar w/ Dan 10:30 Bible Study (UT, LEA)	<b>26</b> 10:30 Holistic Health Hour 11:30 Sing-A-Long (LED) 2:15 Spa Time (LED) 3:30 Fun & Games (LED) 4:30 Individual Visits (LED)	<b>27</b> 10:15 Exercise (LED) 10:30 Table Games (LED) 11:30 Sing-A-Long (LED) 1:45 Brain Games (LED) <b>3:00 Music Therapy</b> 4:30 Individual Visits (LED)	<b>28</b> <b>10:30 Alligator Visit</b> <b>10:30 Reiki Energy Healing</b> 11:30 Sing-A-Long (LEA) 2:15 Spa Time (LEA) <b>3:15 Ice Cream Social &amp; Guitar w/ Dan</b> <b>4:00 Bible Study (UT)</b> 4:30 Individual Visits (LEA)		<b>KEY</b> LED= Life Enrichment Director LEA= Life Enrichment Assistant RR= Reservation Required UT= Upper Terrace= 3rd Floor MU= "Makeup Session" * = PIF Funds Required	<b>Activities may be subject to change to accommodate the needs of the residents. Please see Life Enrichment for details.</b>