




# Emerson House Portland Middle Terrace

# November 2017

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<b>8:30am Breakfast</b> <b>12:30pm Lunch</b> <b>3:00 Afternoon Snack</b> <b>5:30 Dinner</b>	 Dr. Lee F- November 9 <sup>th</sup> Bruce G- November 12 <sup>th</sup> Glenis S- November 28 <sup>th</sup> Jo Ann A- November 30 <sup>th</sup>	<b>1</b> <b>10:30-2:30 *OUTING to Marshall House @ Ft. Vancouver (RR)</b> 3:30 Spa Time (LEA) <b>4:00 Bible Study (UT)</b> 4:30 Individual Visits (LEA)	<b>2</b> 10:15 Exercise (LEA) 10:30 Table Games (LEA) 11:30 Sing-A-Long (LEA) 1:30 Brain Games (LEA) <b>2:00 *Art Therapy (RR, UT)</b> 3:30 Spa Time (LEA) 4:30 Individual Visits (LEA)	<b>3</b> 10:15 Brain Games (LEA) 10:30 Table Games (LEA) <b>11:00 Dog Visit- "Georgia"</b> 11:30 Sing-A-Long (LEA) 2:15 Spa Time (LEA) 3:30 Fun & Games (LEA) <b>4:00 Happy Hour (UT)</b> 4:30 Individual Visits (LEA)	<b>4</b> 10:15 Exercise (LEA) 10:30 Table Games (LEA) 11:30 Sing-A-Long (LEA) 2:15 Spa Time (LEA) 4:00 Crafter's Corner (LEA)
<b>5</b> <b>10:00 Guitar w/ Genie</b> <b>10:30 Bible Study (UT, LEA)</b> <b>3:30 Dog Visit- "Cooper"</b>	<b>6</b> 10:15 Brain Games (LED) 10:30 Table Games (LED) 11:30 Sing-A-Long (LED) 2:15 Spa Time (LED) 3:30 Fun & Games (LED) 4:30 Activity w/ Hannah	<b>7</b> 10:15 Exercise (LED) 10:30 Table Games (LED) 11:30 Sing-A-Long (LED) 2:15 Spa Time (LED) 3:30 Brain Games (LED) 4:30 Individual Visits (LED)	<b>8</b> 9:30 Activity w/ LEA <b>10:30 Poetry Recital (UT)</b> 11:30 Sing-A-Long (LEA) 2:15 Spa Time (LEA) <b>3:15 Ice Cream Social &amp; Accordion w/ Phil</b> <b>4:00 Bible Study (UT)</b> 4:30 Individual Visits (LEA)	<b>9</b> 10:15 Exercise (LEA) <b>10:30 Holistic Health Hour</b> <b>11:00 Dog Visit- "Sam"</b> 11:30 Sing-A-Long (LEA) 2:15 Spa Time (LEA) 3:30 Brain Games (LEA) 4:30 Individual Visits (LEA)	<b>10</b> 10:15 Brain Games (LEA) 10:30 Table Games (LEA) 11:30 Sing-A-Long (LEA) <b>2:30 Alligator Visit</b> <b>4:00 Veteran Awards (UT)</b> 4:30 Individual Visits (LEA)	<b>11 Veteran's Day</b> 10:15 Exercise (LEA) 10:30 Table Games (LEA) 11:30 Sing-A-Long (LEA) 2:15 Spa Time (LEA) <b>3:00 MIM Art Program (UT)</b> 4:00 Crafter's Corner (LEA)
<b>12</b> <b>10:00 Guitar w/ Genie</b> <b>10:30 Bible Study (UT, LEA)</b>	<b>13</b> 10:15 Brain Games (LED) 10:30 Table Games (LED) 11:30 Sing-A-Long (LED) 2:15 Spa Time (LED) 3:30 Fun & Games (LED) 4:30 Activity w/ Hannah	<b>14</b> 10:15 Exercise (LED) 10:30 Table Games (LED) 11:30 Sing-A-Long (LED) 1:45 Brain Games (LED) <b>3:00 Music Therapy</b> 4:30 Individual Visits (LED)	<b>15</b> <b>10:30-2:30 *OUTING to Voodoo Doughnuts (RR)</b> 3:30 Spa Time (LEA) <b>4:00 Bible Study (UT)</b> 4:30 Individual Visits (LEA)	<b>16</b> 10:15 Exercise (LEA) <b>10:30 Holistic Health Hour</b> 11:30 Sing-A-Long (LEA) 1:30 Brain Games (LEA) <b>2:00 *Art Therapy (RR, UT)</b> 3:30 Spa Time (LEA) 4:30 Individual Visits (LEA)	<b>17</b> 10:15 Brain Games (LEA) 10:30 Table Games (LEA) <b>11:00 Dog Visit- "Georgia"</b> 11:30 Sing-A-Long (LEA) <b>2:00 Bunny Visit</b> 2:30 Spa Time (LEA) 3:30 Fun & Games (LEA) <b>4:00 Happy Hour (UT)</b> 4:30 Individual Visits (LEA)	<b>18</b> 10:15 Exercise (LEA) 10:30 Table Games (LEA) <b>10:45 Creative Writing (UT)</b> 11:30 Sing-A-Long (LEA) 2:15 Spa Time (LEA) 4:00 Crafter's Corner (LEA)
<b>19</b> <b>10:00 Guitar w/ Genie</b> <b>10:30 Bible Study (UT, LEA)</b> <b>3:30 Dog Visit- "Cooper"</b>	<b>20</b> 10:15 Brain Games (LED) 10:30 Table Games (LED) 11:30 Sing-A-Long (LED) 2:15 Spa Time (LED) <b>3:00 Horticulture (UT)</b> 3:30 Fun & Games (LED) 4:30 Activity w/ Hannah	<b>21</b> 10:15 Exercise (LED) 10:30 Table Games (LED) 11:30 Sing-A-Long (LED) 2:15 Spa Time (LED) 3:30 Brain Games (LED) 4:30 Individual Visits (LED)	<b>22</b> 10:15 Brain Games (LEA) 10:30 Table Games (LEA) 11:30 Sing-A-Long (LEA) 2:15 Spa Time (LEA) <b>3:15 Ice Cream Social &amp; Guitar w/ Dan</b> <b>4:00 Bible Study (UT)</b> 4:30 Individual Visits (LEA)	<b>23 Thanksgiving</b>  <b>12:30 Thanksgiving Meal</b>  Activities TBA	<b>24</b> 10:15 Brain Games (LEA) 10:30 Table Games (LEA) 11:30 Sing-A-Long (LEA) 2:15 Spa Time (LEA) 3:30 Fun & Games (LEA) 4:30 Individual Visits (LEA)	<b>25</b> 10:15 Exercise (LEA) 10:30 Table Games (LEA) 11:30 Sing-A-Long (LEA) 2:15 Spa Time (LEA) <b>3:00 MIM Art Program (UT)</b> 4:00 Crafter's Corner (LEA)
<b>26</b> <b>10:00 Guitar w/ Genie</b> <b>10:30 Bible Study (UT, LEA)</b>	<b>27</b> 10:15 Brain Games (LED) 10:30 Table Games (LED) 11:30 Sing-A-Long (LED) 2:15 Spa Time (LED) 3:30 Fun & Games (LED) 4:30 Activity w/ Hannah	<b>28</b> 10:15 Exercise (LED) 10:30 Table Games (LED) 11:30 Sing-A-Long (LED) 1:45 Brain Games (LED) <b>3:00 Music Therapy</b> 4:30 Individual Visits (LED)	<b>29</b> 10:15 Brain Games (LEA) 10:30 Table Games (LEA) 11:30 Sing-A-Long (LEA) 2:15 Spa Time (LEA) 3:30 Fun & Games (LEA) <b>4:00 Bible Study (UT)</b> 4:30 Individual Visits (LEA)	<b>30</b> 10:15 Exercise (LEA) <b>10:30 Holistic Health Hour</b> 11:30 Sing-A-Long (LEA) 2:15 Spa Time (LEA) 3:30 Brain Games (LEA) 4:30 Individual Visits (LEA)	<b>Activities may be subject to change to accommodate the needs of the residents. Please see Life Enrichment for details.</b>	<b>KEY</b> LED= Life Enrichment Director LEA= Life Enrichment Assistant RR= Reservation Required UT= Upper Terrace= 3rd Floor MU= "Makeup Session" * = PIF Funds Required