




Emerson House Portland Middle Terrace

April 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 EASTER 10:00 Guitar w/ Genie 10:30 Bible Study (UT, LEA) 	2 10:15 Brain/ Table Games (LED) 11:30 Sing-A-Long (LED) 2:15 Spa Time (LED) 3:30 Fun & Games (LED) 4:30 Individual Visits (LED)	3 10:15 Exercise (LED) 10:30 Table Games (LED) 11:30 Sing-A-Long (LED) 2:15 Spa Time (LED) 4:15 Brain Games (LED)	4 10:30-2:30 *OUTING to Wells Fargo History Museum (RR) 10:30 Reiki Energy Healing 3:30 Spa Time (LEA) 4:00 Bible Study (UT) 4:30 Individual Visits (LEA)	5 10:15 Exercise (LEA) 10:30 Table Games (LEA) 11:30 Sing-A-Long (LEA) 1:30 Brain Games (LEA) 2:00 *Art Therapy (RR, UT) 3:30 Spa Time (LEA) 4:30 Individual Visits (LEA)	6 10:15 Brain/ Table Games (LEA) 11:30 Sing-A-Long (LEA) 2:15 Spa Time (LEA) 3:00 MU Dog Visit- "Lucy" 3:30 Individual Visits (LEA) 4:15 Happy Hour	7 10:15 Exercise (LEA) 10:30 Table Games (LEA) 11:30 Sing-A-Long (LEA) 2:15 Spa Time (LEA) 4:00 Crafter's Corner (LEA)
8 10:00 Guitar w/ Genie 10:30 Bible Study (UT, LEA) 3:15 Cat Visit- "Keats"	9 10:15 Brain/ Table Games (LED) 11:30 Sing-A-Long (LED) 2:15 Spa Time (LED) 3:30 Fun & Games (LED) 4:30 Individual Visits (LED)	10 10:15 Exercise (LED) 10:30 Table Games (LED) 11:30 Sing-A-Long (LED) 1:45 Brain Games (LED) 3:00 Music Therapy 4:30 Individual Visits (LED)	11 10:30 Llama Visit 11:30 Sing-A-Long (LEA) 2:15 Spa Time (LEA) 3:15 Ice Cream Social & Accordion w/ Phil 4:00 Bible Study (UT) 4:30 Individual Visits (LEA)	12 10:15 Exercise (LEA) 10:30 Table Games (LEA) 11:30 Sing-A-Long (LEA) 2:15 Spa Time (LEA) 3:30 Brain Games (LEA) 4:30 Individual Visits (LEA)	13 10:15 Brain/ Table Games (LEA) 11:30 Sing-A-Long (LEA) 1:30 Fun & Games (LEA) 2:00 Variety H-Magic Show(UT) 3:30 Spa Time (LEA) 4:30 Individual Visits (LEA)	14 10:15 Exercise (LEA) 10:30 Table Games (LEA) 11:30 Sing-A-Long (LEA) 2:15 Spa Time (LEA) 3:00 MIM Program (UT) 4:00 Crafter's Corner (LEA)
15 10:00 Guitar w/ Genie 10:30 Bible Study (UT, LEA)	16 10:15 Brain/ Table Games (LED) 11:30 Sing-A-Long (LED) 2:15 Spa Time (LED) 3:30 Fun & Games (LED) 4:30 Individual Visits (LED)	17 10:15 Exercise (LED) 10:30 Table Games (LED) 11:30 Sing-A-Long (LED) 2:15 Spa Time (LED) 4:15 Brain Games (LED)	18 10:30-2:30 *OUTING to Washington County History Museum (RR) 10:30 Reiki Energy Healing 3:30 Spa Time (LEA) 4:00 Bible Study (UT) 4:30 Individual Visits (LEA)	19 10:30 Horticulture Therapy(UT) 10:45 Exercise (LEA) 11:30 Sing-A-Long (LEA) 1:30 Brain Games (LEA) 2:00 *Art Therapy (RR, UT) 3:30 Spa Time (LEA) 4:30 Individual Visits (LEA)	20 10:15 Brain/ Table Games (LEA) 11:30 Sing-A-Long (LEA) 2:15 Spa Time (LEA) 3:30 Individual Visits (LEA) 4:15 Happy Hour	21 10:15 Exercise (LEA) 10:30 Table Games (LEA) 11:30 Sing-A-Long (LEA) 2:15 Spa Time (LEA) 4:00 Crafter's Corner (LEA)
22 EARTH DAY 10:00 Guitar w/ Genie 10:30 Bible Study (UT, LEA)	23 10:15 Brain/ Table Games (LED) 11:30 Sing-A-Long (LED) 2:15 Spa Time (LED) 3:30 Fun & Games (LED) 4:30 Individual Visits (LED)	24 10:15 Exercise (LED) 10:30 Table Games (LED) 11:30 Sing-A-Long (LED) 1:45 Brain Games (LED) 3:00 Music Therapy 4:30 Individual Visits (LED)	25 11:30 Sing-A-Long (LEA) 2:15 Spa Time (LEA) 3:15 Ice Cream Social & Guitar w/ Dan 4:00 Bible Study (UT) 4:30 Individual Visits (LEA)	26 10:15 Exercise (LEA) 10:30 Table Games (LEA) 11:30 Sing-A-Long (LEA) 2:15 Spa Time (LEA) 3:30 Brain Games (LEA) 4:30 Individual Visits (LEA)	27 10:15 Brain/ Table Games (LEA) 11:30 Sing-A-Long (LEA) 1:30 Fun & Games (LEA) 2:00 Variety Hour- Poetry Recital (UT) 3:30 Spa Time (LEA) 4:30 Individual Visits (LEA)	28 10:15 Exercise (LEA) 10:30 Table Games (LEA) 10:45 Creative Writing (UT) 11:30 Sing-A-Long (LEA) 2:15 Spa Time (LEA) 3:00 MIM Program (UT) 4:00 Crafter's Corner (LEA)
29 10:00 Guitar w/ Genie 10:30 Bible Study (UT, LEA)	30 10:15 Brain/ Table Games (LED) 11:30 Sing-A-Long (LED) 2:15 Spa Time (LED) 3:30 Fun & Games (LED) 4:30 Individual Visits (LED)		 Carol B.-April 1 Paul G.- April 2 Marlyn R.- April 12 Steve F.- April 19 Helen H.- April 25 Phyllis A.- April 26	8:30am Breakfast 12:30pm Lunch 3:00 Afternoon Snack 5:30 Dinner	KEY LED= Life Enrichment Director LEA= Life Enrichment Assistant RR= Reservation Required UT= Upper Terrace= 3rd Floor MU= "Makeup Session" * = PIF Funds Required	Activities may be subject to change to accommodate the needs of the residents. Please see Life Enrichment for details.